

# Warrnambool Running Festival



## EVENT INFORMATION

### Who can enter?

Whilst our festival is inclusive of all ages, the following restrictions are in place to promote a safe running environment. Please ensure age appropriate events are selected for all participants.

21 km: You must be a minimum of 16 years of age.

10km: You must be a minimum of 12 years of age.

6km: You must be a minimum of 6 years of age, however we strongly encourage that children under 10 years are accompanied by an adult.

Junior Events: Exclusively for persons under 18 years of age, however they may be accompanied by an adult.

### What is the Entry fee and can I get a discount ?

All events are open to runners and walkers alike, and we have a number of discounts available as part of event promotions in addition to the early bird discount.

Warrnambool Athletics Club members will receive a \$20 discount off entry prices.

### Entry Prices: (Early Bird Entries to midnight 11/08/2023)

Event	Early Bird before 12/8/23	Entry Price after 12/8/23
● 21km	\$65	\$75
● 10km	\$55	\$65
● 6km	\$30	\$40
● 4km Breakwater Dash	\$15	
● 2km Worm Bay Wiggle	\$10	

Entry fees after September 12 will increase by an additional \$5 for all events.

### What is included in my entry fee ?

In addition to gaining access to run in our wonderful event, spectacular views and the insurmountable fun to be had, your entry fee includes:

- Event specific Race Bib and safety pins (Note: timing chip to be returned)
- Timed and scoreboard posted run
- Fruit and water at finish line
- Chance to win amazing spot prizes at presentations
- Finishers Medal
- Drink stations and toilets provided on course

### When and where can I collect my race bib/pack?

Race packs, merchandise purchases and bibs can be collected from the Event Hub next to the Main Beach Kiosk on Pertobe Road:

- Saturday 16th Sept from **1pm until 5pm**
- Race Day, Sunday 17th Sept, at the Registration Area **from 7am**

### Where can I park?

For all events and race bib collection, there is ample parking in the Lake Pertobe Precinct. Car parking is also available at Flagstaff Hill and Cannon Hill, within easy walking distance to the Event Hub and Start/Finish line.

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### Where is the start line?

All events will start and finish next to the Main Beach Kiosk on Pertobe Road, Warrnambool.

### Will there be a gear storage area?

A storage area will be provided near the start/finish line, located at the Event Hub. Warrnambool Running Festival assumes no responsibility for lost or damaged items.

### Will there be water/aid stations?

There will be 4 runner support stations located throughout the event area. Pavilion Cafe, Granny's Grave, Logans Beach and the Woolen Mill. The list below shows what distance mark of each event you will have access to one of these locations.

**21km:** 2km, 5km, 8km, 10.5km, 15km, 20km – Granny's Grave, Woolen Mill, Logans Beach, Pavilion Cafe

**10km:** 2.5km, 6.5km, 9km – Granny's Grave, Woolen Mill, Pavilion Cafe

**6km:** 2.5km, 4km – Granny's Grave

This is a cup free event so you will need to carry a cup or bottle and refill this at the aid stations. Electrolytes provided on course by 32gi

### Are there toilets on the course?

There are public toilets available on the 21km and 10km courses.

**21km:** 7km, 19km, 19.5km

**10km:** 8.5km, 9km

### Do I wear a timing chip?

Runner's times will be recorded using timing chip technology located on the race bib for all events. Chips must be removed and returned at the finish line prior to receiving your medal.

### Are there any race cut-off times?

All events must be completed by 12pm. There are no other cut-off points on the course.

### Where can I view the results?

Race results for all events will be available post-race through the event timing company (Trails Plus). Links to their website will be posted on Warrnambool Running Festival social media pages (Instagram & Facebook) and our website:

<https://www.wboolrunningfestival.com.au/>

### When will winners be presented:

Presentations for the Saturday events will commence at 4:30pm on the stage at the Event Hub. Presentations will commence for all events on Sunday at 10.30am on the Stage at the Event Hub situated on Pertobe Road.

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### What Prizes will be awarded?

First Place Female and Male in each event on Sunday will receive a cash prize. All competitors will receive a finisher medal for all events on both Saturday and Sunday.

Event	First Female Prize	First Male Prize	2nd and 3rd Prize
21km	\$300 cash + \$200 Tarkine Voucher + 1st Place Female Medal	\$300 cash + \$200 Tarkine Voucher + 1st Place Male Medal	Placing Medal + Tarkine Voucher
10km	\$200 Tarkine Voucher + \$50 cash + 1st Place Female Medal	\$200 Tarkine Voucher + \$50 cash + 1st Place Male Medal	Placing Medal + Tarkine Voucher
6km	\$200 Tarkine Voucher + 1st Place Female Medal	\$200 Tarkine Voucher + 1st Place Male Medal	Placing Medal + Tarkine Voucher
4km	\$200 Tarkine Voucher	\$200 Tarkine Voucher	Tarkine Voucher
2km	\$200 Tarkine Voucher	\$200 Tarkine Voucher	Tarkine Voucher

### What refreshments will be available at the event?

Main Beach Kiosk will have food and beverages available at the start/finish area. We will also provide a number of post-race recovery food and fluids.

REAL Coffee – YES!

A beer or wine after your race – YES PLEASE!

Music – Heck yeah!

### Can I use my iPod / music device?

iPods / music devices are strongly discouraged; runners need to be aware of their surroundings at all times on the course. We do however encourage runners to carry their phones and capture the beautiful images and scenery that will present itself to you along the journey!

### Can I run with my Dog/pet?

Our courses run through a variety of areas where Dogs are not permitted by local laws, as such, unfortunately we don't allow any Dogs/Pets to accompany you for our events. Service dogs are exempt from these rules.

### Will there be any road crossings?

There will be road crossings during the event. Volunteer marshals will be in place at all road crossings. Please obey the marshal's instructions and be vigilant at all times. Runners must give way to traffic! Failure to comply will result in disqualification.

### Will I be crossing train tracks?

Not at all! This year we altered all courses to avoid crossing the train tracks which is much safer for you, and much easier for coordinating our event start times!

### Can I see a course map or download a course to my running watch?

We have provided a copy of all courses at the end of this information brief. You can view detailed maps of all courses on our plotaroute.com collection:

<https://www.plotaroute.com/routecollection/10921>

Plotaroute provides instructions to download the course in GPX format to be loaded on various devices such as running watches.

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### **All courses have been measured using GPS technology.**

The course will be marked, and all efforts will be made to make it easy to follow.

Track surfaces will vary significantly throughout the course to include bitumen road, concrete path, grass, loose rocky trail, sand, tree roots, trail and everything in between.

The variation in terrain as well as the wonderful scenery is what makes this event so special.

### **Safety / Race Etiquette**

Please respect all fellow runners, course marshals and volunteers. Slower runners please allow fellow competitors to pass where safe.

### **Will ambulance / first aid be available?**

The Warrnambool Running Festival will have a First aid kit and Defibrillator available at the event hub should it be required, however no professional First Aid or medical personnel will be provided at the event. Competitors are advised to have up to date ambulance cover as Warrnambool Running Festival will not be responsible for any costs incurred if a participant requires further ambulance or medical care.

### **What happens if I injure myself during the race and need to withdraw?**

Any injured runner should be assisted to the nearest aid station by fellow competitors.

Competitors unable to continue need to alert marshals at their nearest checkpoint and the race director is to be notified as soon as possible. In the case of an emergency, Marshalls are able to coordinate assistance.

### **Is the event insured?**

Participants should note that public liability insurance exists for this event (Sportscover PMEL99/0120665), however it does not cover individual medical, ambulance cover or rescue costs. This cost is the responsibility of individual competitors. Again, it is recommended to ensure your ambulance cover is up to date.

## TIMETABLE OF EVENTS

### **SATURDAY**

**1300** - Registrations and Bib collection opens at the Event Hub

**1445** - **Race Briefing - ALL participants**

**1500** - **START** Breakwater Dash 4km

**1600** - **START** Worm Bay Wiggle 2km

**1630** - Presentations and Spot Prizes

**1700** - Registration and Bib collection closes at the Event Hub

### **SUNDAY**

**0700** - Race Day entries and Bib collection opens at the Event Hub

**0745** - **General Race Briefing - ALL participants**

**0800** - **START** 21km event

**0830** - **START** 10km event

**0900** - **START** 6km event

**1030** - Presentations

**1100** - Spot Prizes

**1300** - Event close

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### How can I stay up to date with event information?

Please check our Website <https://www.wboolrunningfestival.com.au/> and follow our Instagram and Facebook pages to keep up to date on all event details. Subscribe to our newsletter for updates in your inbox, we won't abuse this facility!

### Can I get a refund or transfer my entry?

Unfortunately we cannot offer refunds to runners who withdraw prior to the event. Entries may be transferred from one event to another, if an entrant wishes to transfer down in distance the difference in price will not be reimbursed. Should an entrant wish to transfer up to a higher distance then the participant will be required to pay the difference. Should a participant wish to transfer their entry to another entrant, a transfer fee of \$10 will be charged.

### CANCELLATION

In the case of forced cancellation of the Warrnambool Running Festival, due to extreme weather or unforeseen circumstances there will be a 50% refund. A decision like this would generally occur close to race date, at which point a considerable amount of funds would have gone towards the many areas involved in hosting such an event. No responsibility is taken by Warrnambool Running Festival for lost travel/accommodation costs in this instance.

### Waiver:

A legal requirement for all participants is the signing of the Warrnambool Running Festival insurance waiver. It is essential that this be read in full prior to the event. Your understanding of the waiver will be acknowledged when registering online.

Happy Running & Enjoy!

Karen Anderson

Race Director

PH: 0438 387 923

<https://raceroster.com/events/2023/75582/warrnambool-running-festival-2023>

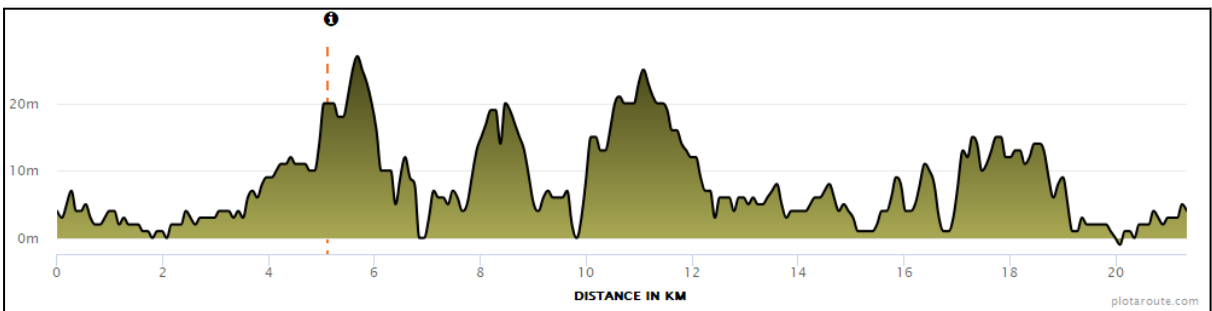
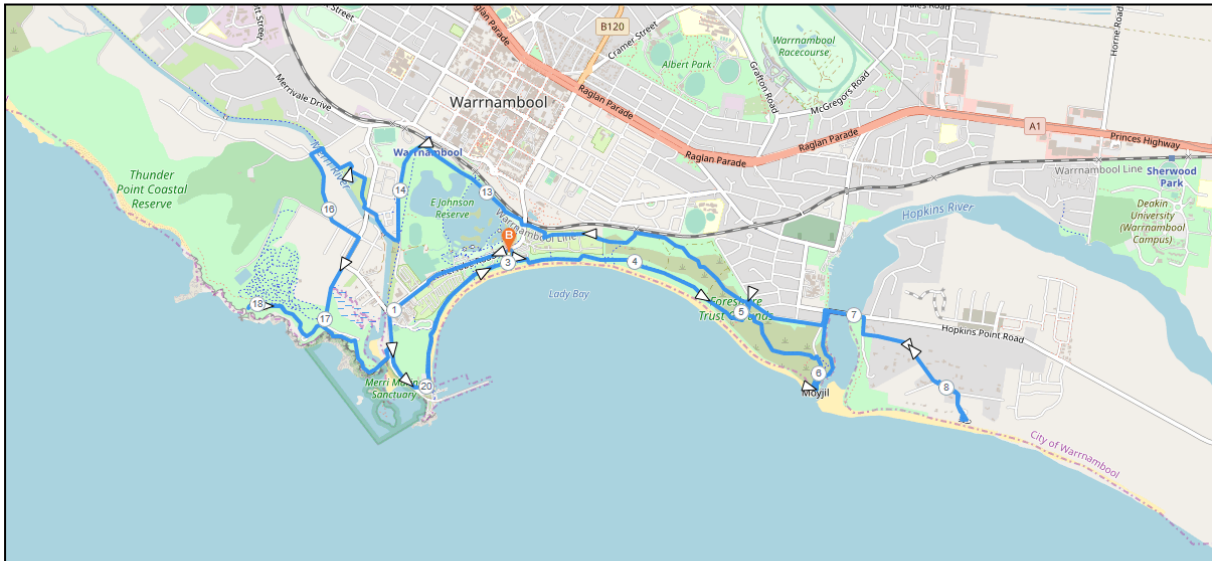
# Warrnambool Running Festival

## EVENT INFORMATION



### Course Maps and Elevations

#### Half Marathon (21.1km)

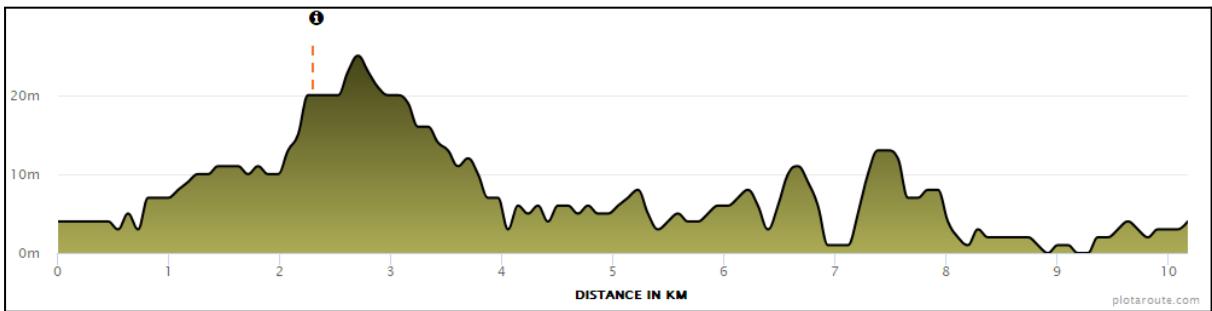
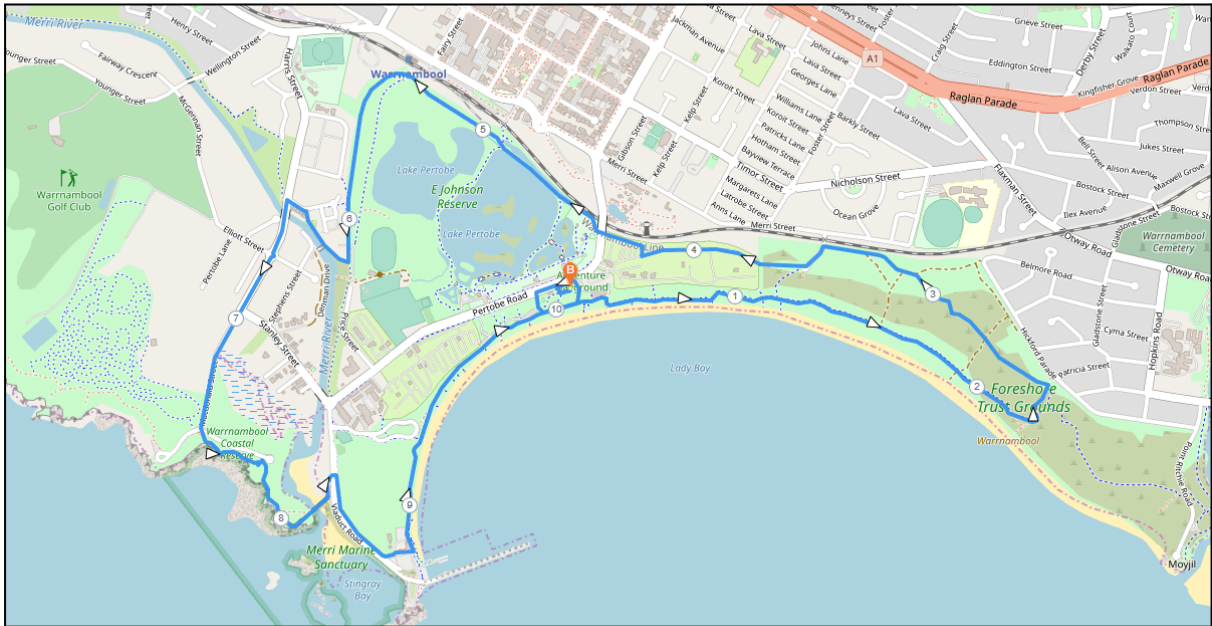


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### 10km (10.4km)

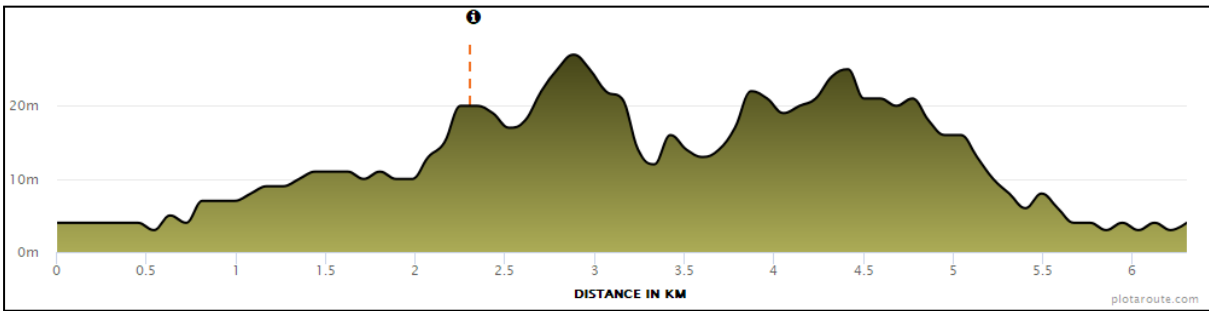
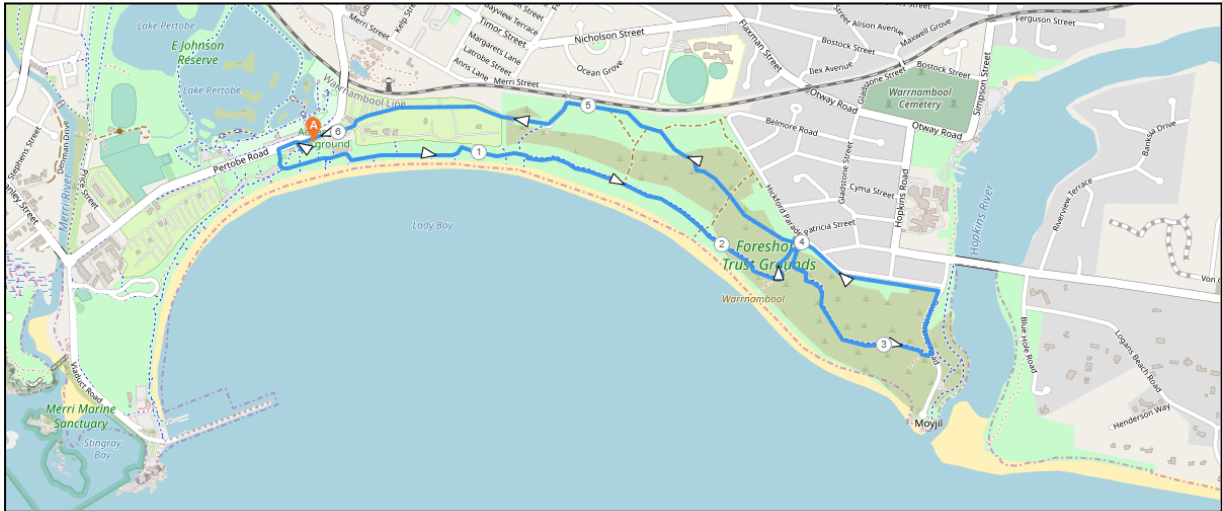


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### 6km (6.7km)





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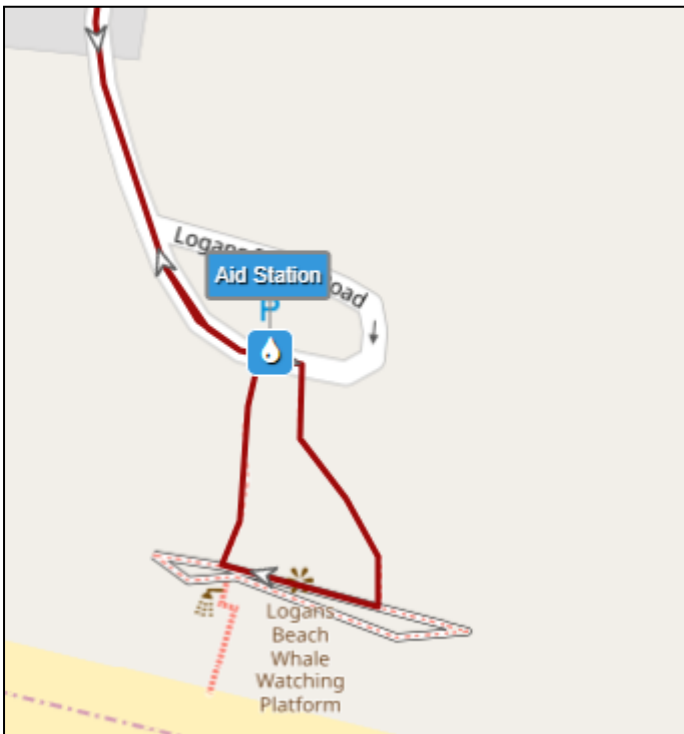
### Aid Stations



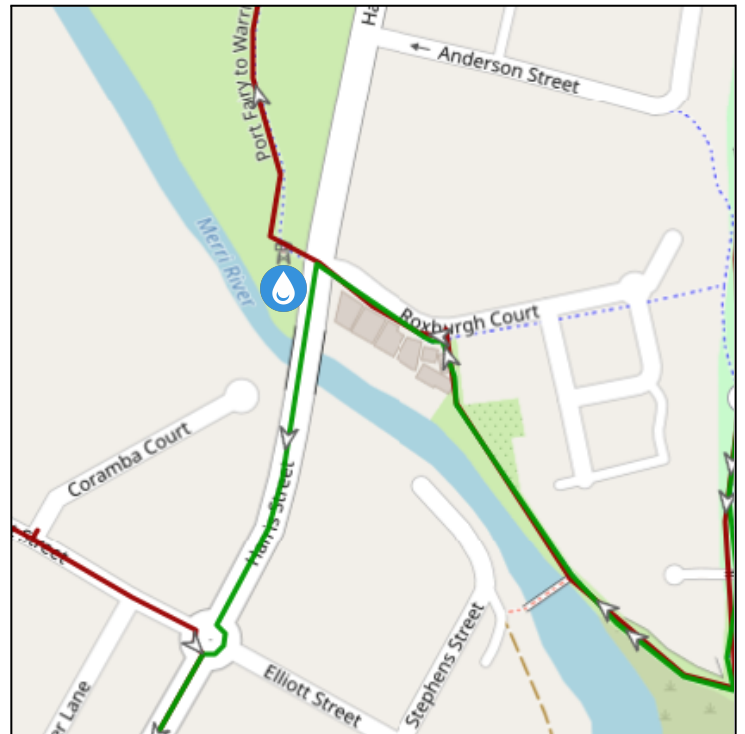
Pavilion Cafe - Aid Station #1  
 21.1k event: 1.75km & 20km  
 10k event: 8.8km



Granny's Grave - Aid Station #2  
 21.1k event: 5km & 10.5km  
 10k event: 2.4km  
 6k event: 2.4km & 4km



Logan's Beach - Aid Station #3  
 21.1k event: 8km



Woolen Mill - Aid Station #4  
 21.1k event: 14.75km  
 10k event: 6.5km