

# Warrnambool Running Festival



## EVENT INFORMATION

### Who can enter?

To enter the Warrnambool Running Festival, 21km you must be a minimum of 16 years. The minimum age for the 10km event is 12 years of age. The minimum age for the 6km event is 6 years of age however we strongly encourage that children under 10 years are accompanied by an adult. Junior events are exclusively for persons under 18 years of age, however they may be accompanied by an adult.

### What is the Entry fee, can I get a discount ?

All events are open to runners and walkers, and we have a number of discounts available as part of event promotions in addition to the early bird discount.

Warrnambool Athletics Club members will receive a \$20 discount off entry prices.

### Entry Prices: (Early Bird Entries to midnight 04/09/2022)

Event	Early Bird before 5/9/22	Entry Price after 5/9/22
● 21km	\$60	\$75
● 10km	\$50	\$65
● 6km	\$30	\$40
● Junior and All Abilities events - \$5 each.		

### What is included in my entry fee ?

In addition to gaining access to run in our wonderful event, your entry fee includes:

- Event specific Race Bib with timing chip and safety pins \*
- WRF Branded Collapsible Cup \*
- \$10 Merchandise Voucher \*
- Fruit and water at finish line
- Chance to win spot prizes at presentations
- Finishers Medal
- Finisher E-Certificate provided by Tomato Timing \*
- Drink stations and toilets provided on course

\* Half-marathon, 10km and 6km events only

### When and where can I collect my race bib/pack?

Race packs, merchandise purchases and bibs can be collected:

- Saturday 17<sup>th</sup> September, 12pm until 5pm out front of the Pavilion Cafe, Viaduct Road, Warrnambool
- Race Day at the Registration Area, located at Flagstaff Hill.

### Where can I park?

For Saturday events and race bib collection, there is ample parking at the Breakwater area and public car parks near the Pavilion Cafe.

For Sunday events, Car parking is available at Flagstaff Hill, which is within easy walking distance to the Start/Finish line. Parking is also available at nearby Cannon Hill, Lake Pertobe and surrounding streets.

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### Where is the start line?

Saturday events - the All-abilities 1.5km and Junior 3km run - will start and finish out the front of the Pavilion Cafe, Viaduct Road, Warrnambool.

Sunday events - the Half-marathon, 10km run and 6km run, will start and finish inside the Flagstaff Hill Maritime Village, 89 Merri Street, Warrnambool.

### Will there be water/aid stations?

There will be support stations located throughout each course.

**21km:** 5km, 10km, 14km, 17km

**10km:** 5km, 8km

**6km:** 2.5km

This is a cup free event so you will need to carry a cup or bottle and refill this at the aid stations.

### Are there toilets on the course?

There are public toilets available on the 21km, 10km and 6km courses. There are also 4 separate toilet locations situated within Flagstaff Hill.

**21km:** 10km, 14km, 15.5km, 18km

**10km:** 5km, 6.5km

**6km:** 3.5km

### Do I wear a timing chip?

Runner's times will be recorded using timing chip technology located on their bib for all Sunday events.

### Where can I view the results?

Race results for Sunday events will be available post-race through the event timing company (Tomato Timing). Links to their website will be posted on the Warrnambool Running Festival social media and our website. Saturday events will not have official recorded times.

### When will winners be presented:

Presentations will commence for all events on Sunday at 10.30am in the Wharf Theatre inside the Flagstaff Hill Maritime Village.

### What Prizes will be awarded?

First Place Female and Male in each event on Sunday will receive a cash prize. All competitors will receive a finisher medal.

Event	First Female Prize	First Male Prize	2nd and 3rd Prize
21km	\$500 + 1st Place Female Medal	\$500 + 1st Place Male Medal	Placing Medal
10km	\$250 + 1st Place Female Medal	\$250 + 1st Place Male Medal	Placing Medal
6km	\$100 + 1st Place Female Medal	\$100 + 1st Place Male Medal	Placing Medal



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### **Will there be a gear storage area?**

A storage area will be provided near the start/finish line. Warrnambool Running Festival assumes no responsibility for lost or damaged items.

### **What refreshments will be available at the event?**

Flagstaff Hill will have Food and beverage stalls available at the start/finish area.

REAL Coffee – YES!

A beer or wine after your race – YES PLEASE!

Music – Hell yeah!

### **Can I get cash out or pay with cards?**

All facilities inside Flagstaff Hill can take both cash and card payments. There is an ATM located in the Visitor Information Centre at Flagstaff Hill.

### **Can I use my iPod / music device?**

iPods / music devices are strongly discouraged; runners need to be aware of their surroundings at all times on the course. We do however encourage runners to carry their phones and capture the beautiful images and scenery that will present itself to you along the journey!

### **Will there be any road crossings?**

There will be road crossings during the event. Volunteer marshals will be in place at all road crossings. Please obey the marshal's instructions and be vigilant at all times. Runners must give way to traffic! Failure to comply will result in disqualification.

### **Will I be crossing train tracks?**

Please note that all race start times have been scheduled to minimise any competitor disturbance due to the railway crossing at the Merri Street/Flume car park. Adequate time has been allowed for the majority of competitors to complete their race without any interruption.

- Warrnambool/Melbourne – 7.37am & 11.50am
- Melbourne/Warrnambool – arrives 10.45am

### **Can I see a course map or download a course to my running watch?**

We have provided a copy of all courses at the end of this information brief. You can view detailed maps of all courses on our plotaroute.com collection:

<https://www.plotaroute.com/routecollection/9553>

Plotaroute provides instructions to download the course in GPX format to be loaded on various devices such as running watches.

### **All courses have been measured using GPS technology.**

The course will be marked, and all efforts will be made to make it easy to follow.

Track surfaces will vary significantly throughout the course to include bitumen road, concrete path, grass, loose rocky trail, sand, tree roots, trail and everything in between.

The variation in terrain as well as the wonderful scenery is what makes this event so special.

### **Safety / Race Etiquette**

Please respect all fellow runners, course marshals and volunteers. Slower runners please allow fellow competitors to pass where safe.



## EVENT INFORMATION

### **Will ambulance / first aid be available?**

The Warrnambool Running Festival will have a First aid kit and Defibrillator available at the event should it be required, however no professional First Aid or medical personnel will be provided at the event. Competitors are advised to have up to date ambulance cover as Warrnambool Running Festival will not be responsible for any costs incurred if a participant requires further ambulance or medical care.

### **What happens if I injure myself during the race and need to withdraw?**

Any injured runner should be assisted to the nearest aid station by fellow competitors. Competitors unable to continue need to alert marshals at their nearest checkpoint and the race director is to be notified as soon as possible. In the case of an emergency, Marshalls are able to coordinate assistance.

### **Is the event insured?**

Participants should note that public liability insurance exists for this event (Sportscover PMEL99/0120665), however it does not cover individual medical, ambulance cover or rescue costs. This cost is the responsibility of individual competitors. Again, it is recommended to ensure your ambulance cover is up to date.

### **TIMETABLE OF EVENTS ON RACE DAY**

- 0700** - Race Day entries and Bib collection opens at Flagstaff Hill
- 0745** - **General Race Briefing - ALL participants**
- 0800** - START 21km event
- 0830** - START 10km event
- 0845** - START 6km event
- 1030** - Presentations
- 1100** - Spot Prizes
- 1300** - Event close

### **How can I stay up to date with event information?**

Please check our Website, and follow our Instagram and Facebook pages to keep up to date on all event details.

### **Can I get a refund or transfer my entry?**

No refund will be given to runners who withdraw prior to the event.

Entries may be transferred from one event to another, if an entrant wishes to transfer down in distance the difference in price will not be reimbursed. Should an entrant wish to transfer up to a higher distance then the participant will be required to pay the difference.

Should a participant wish to transfer their entry to another entrant, a transfer fee of \$10 will be charged.

### **CANCELLATION**

In the case of forced cancellation of the Warrnambool Running Festival, due to extreme weather or unforeseen circumstances there will be a 50% refund. A decision like this would generally occur close to race date, at which point a considerable amount of funds would have gone towards the many areas involved in hosting such an event. No responsibility is taken by Warrnambool Running Festival for lost travel/accommodation costs in this instance.

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## EVENT INFORMATION

### Waiver:

A legal requirement for all participants is the signing of the Warrnambool Running Festival insurance waiver. It is essential that this be read in full prior to the event. Your understanding of the waiver will be acknowledged when registering online.

Happy Running & Enjoy!

Mark Gavin

Race Director

PH: 0409 550 983

<https://www.registernow.com.au/secure/Register.aspx?E=47583>

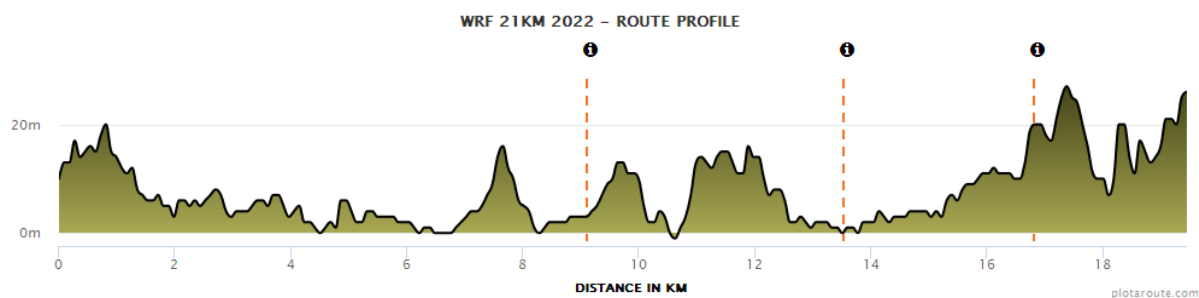
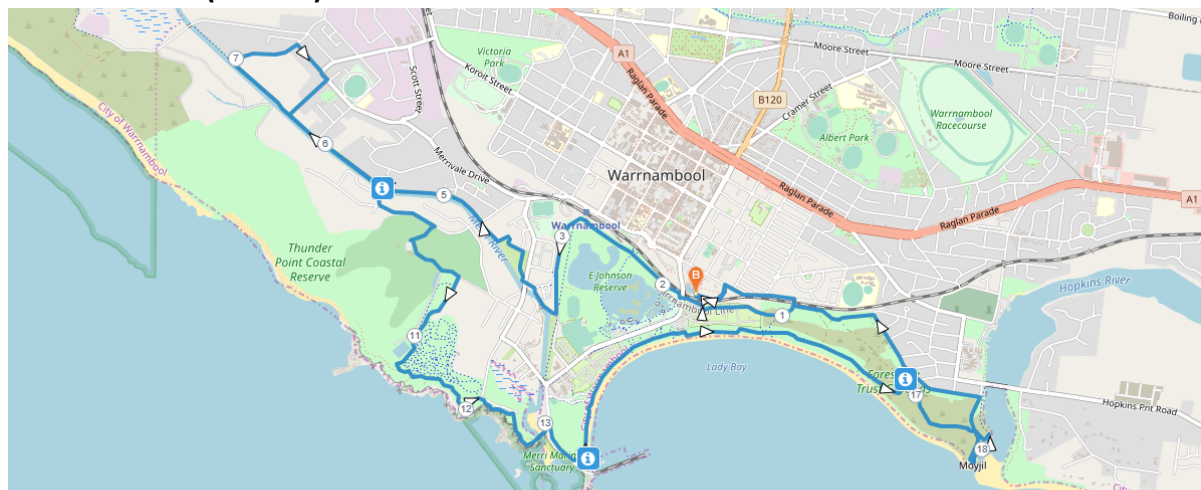
# Warrnambool Running Festival



## EVENT INFORMATION

Course Maps and Elevations

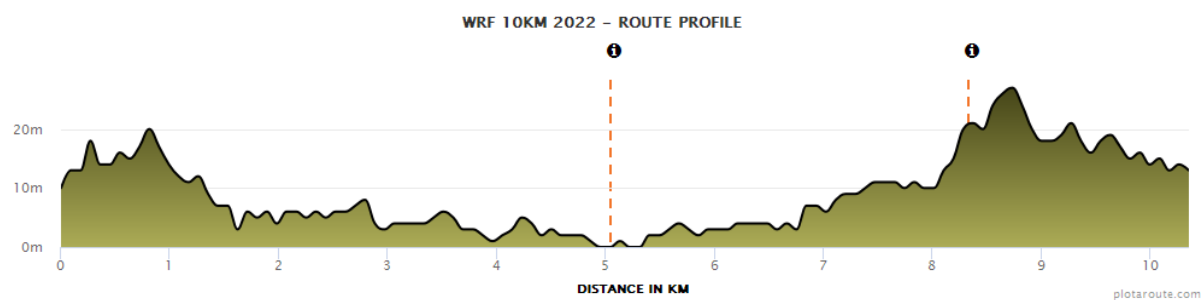
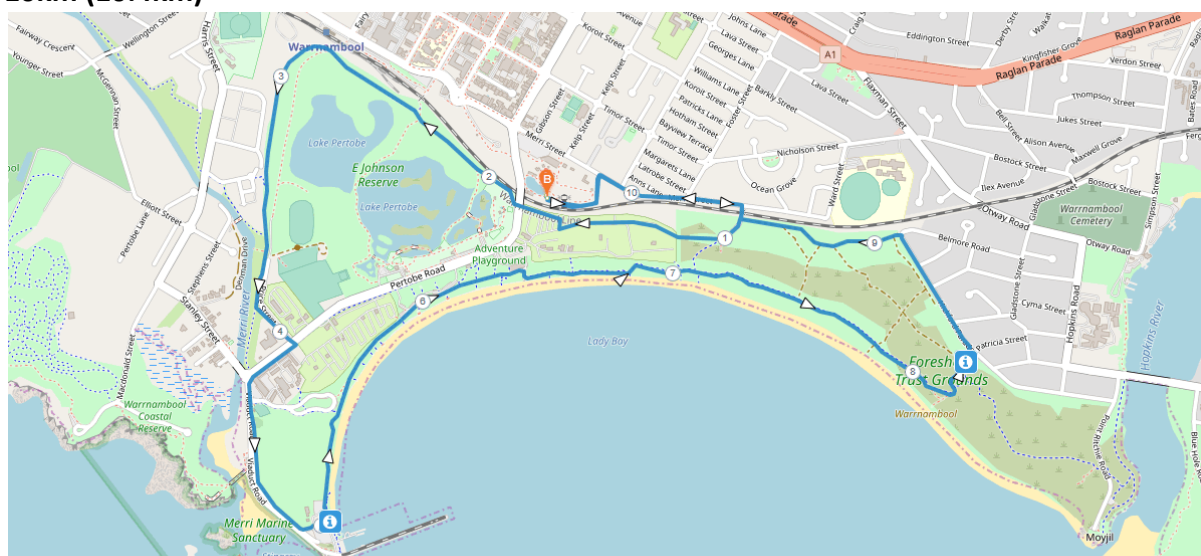
Half Marathon (21.1km)



# Warrnambool Running Festival

## EVENT INFORMATION

10km (10.4km)



# Warrnambool Running Festival

## EVENT INFORMATION



### 6km (6.7km)

